



# Rice Pudding

Serves: 6

## Ingredients

4 eggs  
1 teaspoon vanilla  
1 litre milk  
3 tablespoons sugar  
5 tablespoons short-grain rice  
1/2 teaspoon nutmeg

## Method

Preheat the oven to 150°C.

Beat the eggs, vanilla, milk and sugar together. Pour into a baking dish and sprinkle in the rice.

Sprinkle the nutmeg over the egg mixture.

Bake for 1 1/2 - 2 hours in the preheated oven.

Serve - with steamed or poached fruit as optional.

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